**Recommended Film/Programme List**

9am every day – Joe Wicks The Body Coach on Youtube/Facebook: @thebodycoach.

**BBC Teach – classroom resources for secondary students, with video links**

<https://www.bbc.co.uk/teach/secondary/zkqp47h>

**‘Noughts + Crosses’ BBC adaption (the series is all on iPlayer –appropriate for Year 8 onwards):** <https://www.bbc.co.uk/iplayer/episodes/p082w992/noughts-crosses?seriesId=p082w9k7>

**‘Mi Vida Loca’, which is an interactive Spanish series to help them learn/recap the basics.** <http://www.bbc.co.uk/languages/spanish/mividaloca/ep01/>

**‘Ma France’, which is an interactive French Series and covers lots of different topics and has lots of activities to do.** <http://www.bbc.co.uk/languages/french/mafrance/html/preview/summary.shtml>

**Seven Worlds, One Planet – David Attenborough**

<https://www.bbc.co.uk/iplayer/episode/m000ctbn/seven-worlds-one-planet-continents-of-wonder>

**Blue Planet – David Attenborough**

<https://www.bbc.co.uk/iplayer/episode/p033ckxq/the-blue-planet-making-waves>

**You Tube:**

**‘The power of passion and perseverance’**

<https://www.ted.com/talks/angela_lee_duckworth_grit_the_power_of_passion_and_perseverance>

**‘The danger of a single story’**

<https://www.ted.com/talks/chimamanda_ngozi_adichie_the_danger_of_a_single_story>

**‘How to speak so that people want to listen’**

<https://www.ted.com/talks/julian_treasure_how_to_speak_so_that_people_want_to_listen>

**Sports related viewing**

Testing Ronaldo (Castrol GT) youtube

Coach Carter (Film) YouTube/Netflix

Remember the Titans (Film) Netflix

I Believe in Miracles (Docu/Film) youtube

The Mighty Ducks (Film) Netflix/Youtube

The Cross Fit Games (YouTube)

Iverson (Documentary) YouTube

BBC London 2012 Olympic Games (Review/Documentary)

The class of 92 (Documentary and Film) BBC iplayer

Icarus (Documentary) Netflix

Friday Night lights (Film) YouTube

Sport Relief (BBC iplayer)

A Question of Sport (BBC/BBC iplayer)

The legend of Bagger Vance (Film) YouTube

Notts TV (Freeview)

I, Tonya (film) Netflix/YouTube

Invictus (Film) Netflix

Space Jam (Film) Netflix/YouTube

Cool Runnings (Film) Netflix/Youtube